

Support for relatives

Social Services in Bollnäs municipality

SENDER
Bollnäs municipality
Social Administration
Phone: 0278-257 15
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Visiting address: Våggatan 11
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Support for relatives in Bollnäs

The support for relatives is represented by various initiatives that aim to make it easier for those who have a close relative who, due to illness, disability, substance abuse, relationship problems or age weakness, need support in everyday life. You can choose to be anonymous as we have a duty of confidentiality. The support is for all relatives and does not depend on age. Moreover, there is no need for other contributions from the Social Services in order to be able to receive such support.

Contact data

The phone number for relatives' support is **0278- 257 15**.

The e-mail address is : anhorigstod@bollnas.se

Relief

If as a relative, you need to take your own time, we can offer a relief period. This relief period can take place in your own home or at the safe place within our premises on Våggatan 11. Such period is free of charge and can be of up to 30 hours per month. If you choose to take this relief period at a safe place within our premises; the cost for food will be paid.

Daycare and day activities

The daycare and day activities represent an opportunity for relief, while enjoying an active and meaningful day together with the others. This has good results from a rehabilitative point of view and focuses on achieving a pleasant and meaningful day. The daycare center is located in our premises, namely on Våggatan 11.

Relative groups

The purpose of such a group is to meet other relatives who are in similar situations. This is an opportunity to share experiences, worries and joys with the other relatives. To do things together, learn together and find new information

Recurring short-term stay

The purpose of the recurring short-term stays is to make it easier for a person to stay at home and mourn the close relative. Those places for recurring short-term stays are available at Ängslunda. In case you want to apply for a recurring short-term stay, please contact our Assistance Officer at 0278-250 00

Consultant Tanja Masalin can offer

- advice and support in issues related to relatives
- private conversations where you can talk about your thoughts and feelings in peace and quiet.
- home visit

Call a consultant at 0278-257 16

Our dementia nurse, Lisa Karlsson, can offer

- counseling
- private conversations
- to make home visits or receive visits upon request
- to mediate contacts with health-care providers

Call a dementia nurse at 0278-253 08